

## POST-OPERATIVE INSTRUCTIONS

### CATHETER REMOVAL AFTER SLING PROCEDURE

*If you are required to have a catheter over night after having a sling procedure, you should remove it the next morning according to these directions:*

1. Remove the catheter first thing the morning after your surgery.
2. Have a plastic bag and some tissue ready. Remove the catheter bag, empty it in the toilet and place it into a plastic bag.
3. Wash and dry your hands on a clean towel.
4. Take the 10 cc syringe you were given at the hospital and attach it to the catheter as shown to you by the nurse at the hospital. Remove the water from the balloon (should fill half the syringe). Gently pull the catheter until it is removed and place it in the plastic bag. The catheter should come out easily, **do not use force**. *Call the doctor's office if the catheter does not come out easily.*
5. Drink at least 4 – 6 cups of fluid over the next 1 – 2 hours. If you have not passed urine within 4 hours after the catheter is removed, contact the doctor. If you are passing only small amounts of urine or your bladder feels full but you are unable to urinate, call the office.

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